

Mini-Cog Test

Name: _____

Date of Birth: ___ / ___ / _____

Today's date: ___ / ___ / _____

Instructions for Administering and Scoring

Step 1: Three Word Recognition

Look directly at the patient and say, "Listen carefully. I am going to say three words that I want you to repeat back to me and try to remember. The words are **APPLE, WATCH, PENNY**. Please say them back for me now."

If the person is unable to repeat the words after three attempts, move on to Step 2 Clock Drawing.

Step 2: Clock Drawing

Say: "Next, I want you to draw a clock for me. First, put all of the numbers where they go." When that is done, say: "Now, set the hands to 10 past 11."

Use preprinted circle on the next page for this exercise. Repeat instructions as needed as this is not a memory test. Move to step 3 if the clock is not complete within three minutes.

Step 3: Three Word Recall

Ask the patient to recall the three words stated in Step 1. Say, "What are the three words I asked you to remember?" Record the patient's response:

Scoring

Word Recall:	_____ (0-3 points)	1 point for each word spontaneously recalled without cueing
Clock Drawing:	_____ (0 or 2 points)	Normal clock = 2 points. A normal clock has all numbers placed in the correct sequence and approximately correct position (e.g. 12, 3, 6, and 9 are in anchor positions) with no missing or duplicate numbers. Hands are pointing to the 11 and 2 (11:10). Hand length is not scored. Inability or refusal to draw a clock (abnormal) = 0 points
Total Score:	_____ (0-5 points)	Total score = Word Recall score + Clock Drawing score A cut point of <3 on the Mini-Cog has been validated for dementia screening, but many individuals with clinically meaningful cognitive impairment will score higher. When greater sensitivity is desired, a cut point of <4 is recommended as it may indicate a need for further evaluation of cognitive status.

References:

Borson S. The mini-cog: a cognitive "vitals signs" measure for dementia screening in multi-lingual elderly. Int J Geriatr Psychiatry 2000; 15(11):1021.



Name: _____

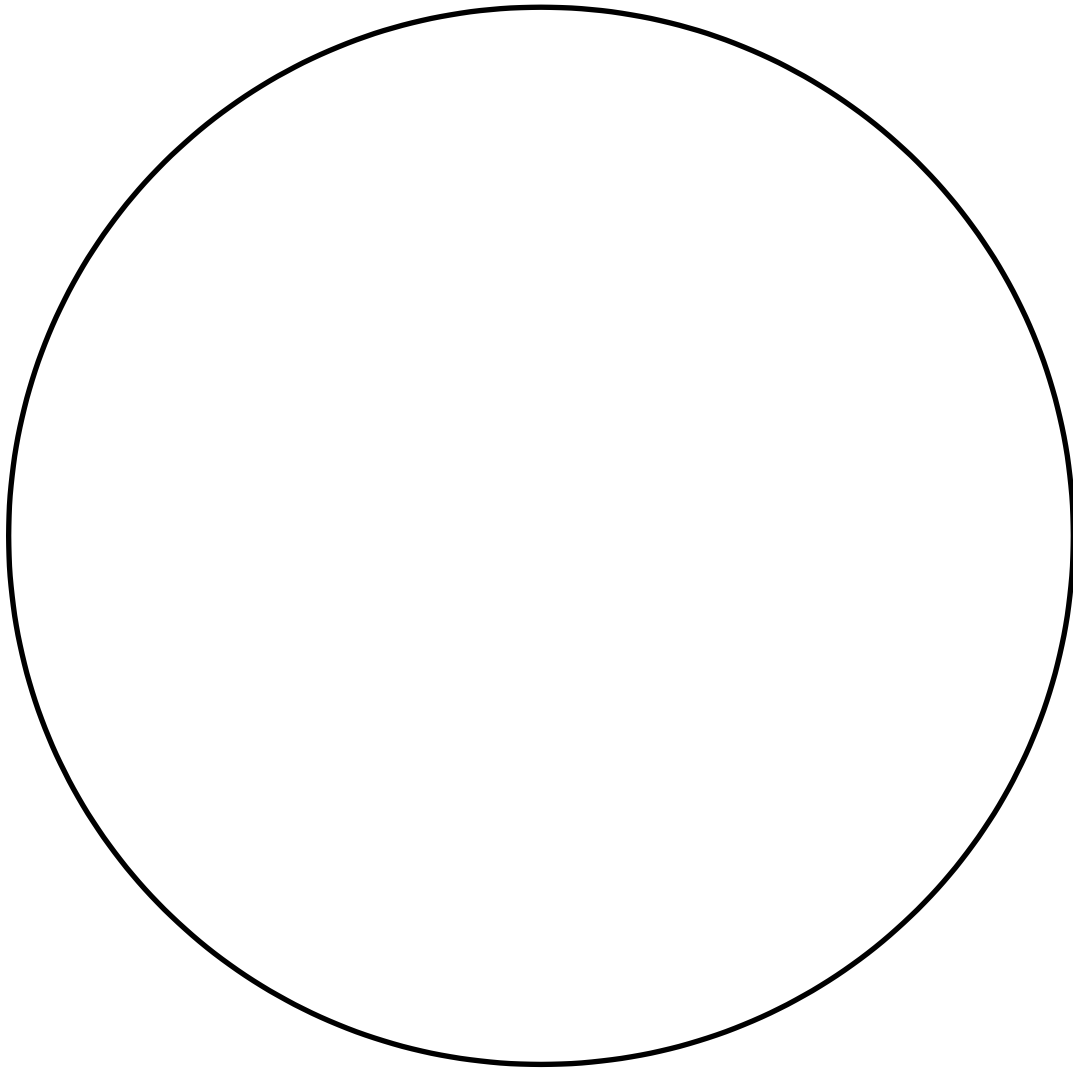
Date of Birth: ___ / ___ / _____

Today's date: ___ / ___ / _____

Clock Drawing

Draw a clock inside the circle, placing all the numbers in the correct position.

Draw the hands of the clock to read "ten past eleven o'clock."



References:

Borson S. The mini-cog: a cognitive "vitals signs" measure for dementia screening in multi-lingual elderly. Int J Geriatr Psychiatry 2000; 15(11):1021.

